

Make a Difference **VOLUNTEER**



CVSS is a local charity. We provide sailing and katanuwing for people of all ages with various disabilities.

We are staffed entirely by volunteers who enjoy the social experience, the friendship, the pleasure of sailing but most importantly - the rewards of helping others.

This could be you and - *We need your help!*

As a volunteer you will be able to welcome our sailors, their parents and carers, get to know them - helping them get the most from their water experience. You will help sailors into and out of boats, buddy sail with them if required, crew safety boats, maintain our equipment, and help with fundraising and administration.

You don't need any previous experience with disabled people or sailing as training is freely provided.

To find out more - visit our website at

**www.cvssailors.org.uk or
email cvss@cvssailors.org.uk**

We sail Monday, Tuesday, Wednesday and Saturday at The Aquadrome, Bury Lake in Rickmansworth from May to October.



Colne Valley Special Sailors Charity No: 1155165
Proud holder of The Queen's Award to Voluntary Groups